

ASSUMPTION AUDIT

HEY LEADER! In the Sandbox, we know that unchallenged assumptions create unnecessary conflict, erode trust, and limit leadership potential. The Assumption Audit is a powerful tool designed to help leaders pause, reflect, and challenge their own belief systems (BS) before making decisions or engaging in conversations. **This isn't just about clarity—it's about leading with boldness and impact.**

WHEN TO USE IT:

- Before making a significant decision.
- Before engaging in an important or difficult conversation.
- During team meetings to foster open discussion, trust, and alignment.
- As a core practice in Sandbox Leadership coaching and training.

1

IDENTIFY YOUR ASSUMPTIONS

Write down three key assumptions you are making about a situation, a person, or an outcome:

- _____
- _____
- _____

2

AUDIT YOUR ASSUMPTIONS

For each assumption, ask yourself:

1. What does this assumption reveal about **MY MINDSET?**
2. What does this assumption reveal about **MY B.S. (BELIEF SYSTEM)?**
3. What does this assumption reveal about **MY SELF-TALK?**
4. What does this assumption reveal about **HOW I SEE MYSELF AS A LEADER?**

3

GAIN CLARITY & TAKE ACTION

Use these guiding questions to challenge and reframe your assumptions:

- What do I think I know?
- What am I unsure about?
- What could I ask to gain clarity?

4

MAKE IT A TEAM PRACTICE IN SANDBOX LEADERSHIP

The Assumption Audit isn't just a solo exercise—it's a leadership game-changer when used with teams.

In Sandbox Leadership training and coaching, we use this tool to build cultures of transparency and high performance.

NEXT-LEVEL LEADERSHIP WHERE TO GO FROM HERE?

The Assumption Audit is just the beginning. To truly transform the way you lead, join us in the **Sandbox Leadership Training & Coaching Program**.

WANT A DEEPER DIVE? Book a [LEADERSHIP CLARITY SESSION](#) with Tammy J. Bond.
READY TO LEVEL UP? Sign up for our next [SANDBOX LEADERSHIP TRAINING](#).

For more leadership insights, tips, tools and valuable resources, follow us on:

